

DISCLOSURE FORM PART ONE — PRINCIPAL BENEFITS FOR
KAISER PERMANENTE TRADITIONAL PLAN (1/1/11—12/31/11)

Section 1

The Services described below are covered only if all of the following conditions are satisfied:

- The Services are Medically Necessary
- The Services are provided, prescribed, authorized, or directed by a Plan Physician and you receive the Services from Plan Providers inside our Southern California Region Service Area (your Home Region), except where specifically noted to the contrary in the *Evidence of Coverage (EOC)* for authorized referrals, hospice care, Emergency Services, Post-Stabilization Care, Out-of-Area Urgent Care, and emergency ambulance Services

Annual Out-of-Pocket Maximum for Certain Services

For Services subject to the maximum, you will not pay any more Cost Sharing during a calendar year if the Copayments and Coinsurance you pay for those Services add up to one of the following amounts:

For self-only enrollment (a Family of one Member)	\$1,500 per calendar year
For any one Member in a Family of two or more Members	\$1,500 per calendar year
For an entire Family of two or more Members	\$3,000 per calendar year

Deductible or Lifetime Maximum

None

Professional Services (Plan Provider office visits)

You Pay

Most primary and specialty care consultations and exams.....	\$10 per visit
Routine physical maintenance exams	No charge
Well-child preventive exams (through age 23 months)	No charge
Family planning counseling.....	No charge
Scheduled prenatal care exams and first postpartum follow-up consultation and exam.....	No charge
Eye exams for refraction.....	No charge
Hearing exams.....	No charge
Urgent care consultations and exams	\$10 per visit
Physical, occupational, and speech therapy.....	\$10 per visit

Outpatient Services

You Pay

Outpatient surgery and certain other outpatient procedures.....	\$10 per procedure
Allergy injections (including allergy serum).....	No charge
Most immunizations (including vaccines).....	No charge
Most X-rays and laboratory tests	No charge
Health education:	
Covered individual health education counseling	No charge
Covered health educational programs	No charge

Hospitalization Services

You Pay

Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs.....	No charge
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Emergency Health Coverage

You Pay

Emergency Department visits	\$100 per visit
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Note: This Cost Sharing does not apply if admitted directly to the hospital as an inpatient for covered Services (see "Hospitalization Services" for inpatient Cost Sharing)

Ambulance Services

You Pay

Ambulance Services	No charge
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Prescription Drug Coverage

You Pay

Most covered outpatient items in accord with our drug formulary guidelines:

Generic items from a Plan Pharmacy	\$10 for up to a 30-day supply, \$20 for a 31- to 60-day supply, or \$30 for a 61- to 100-day supply
Generic refills from our mail-order service.....	\$10 for up to a 30-day supply or \$20 for a 31- to 100-day supply

continued

Prescription Drug Coverage		You Pay
Brand-name items from a Plan Pharmacy.....		\$20 for up to a 30-day supply, \$40 for a 31- to 60-day supply, or \$60 for a 61- to 100-day supply
Brand-name refills from our mail-order service.....		\$20 for up to a 30-day supply or \$40 for a 31- to 100-day supply

Durable Medical Equipment		You Pay
Covered durable medical equipment for home use in accord with our durable medical equipment formulary guidelines		No charge

Mental Health Services		You Pay
Inpatient psychiatric hospitalization (up to 45 days per calendar year).....		No charge
Outpatient mental health evaluations and treatments:		
Up to a total of 20 individual and group visits per calendar year that include		\$10 per individual visit
Services for mental health evaluation or treatment.....		\$5 per group visit
Up to 20 additional group visits in the same calendar year that meet Medical		
Group criteria		\$5 per visit
Note: Visit and day limits do not apply to Serious Emotional Disturbances of children and Severe Mental Illnesses as described in the <i>EOC</i> .		

Chemical Dependency Services		You Pay
Inpatient detoxification		No charge
Individual outpatient chemical dependency consultations and treatment.....		\$10 per visit
Group outpatient chemical dependency treatment		\$5 per visit
Transitional residential recovery Services (up to 60 days per calendar year, not to exceed 120 days in any five-year period)		\$100 per admission

Home Health Services		You Pay
Home health care (up to 100 visits per calendar year)		No charge

Other		You Pay
Skilled nursing facility care (up to 100 days per benefit period).....		No charge
Hospice care		No charge

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Sharing, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Sharing. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).